



Shavuot Yogurt Parfait

Ingredients

Yogurt, any flavor

Chopped fruit (could be fresh, frozen or canned) or berries

Jam (optional)

Crunchy ingredient (granola, crushed cookies or cereal, nuts, etc.)

Instructions

1. Spoon some yogurt into the bottom of a clear cup or glass.
2. Follow with a layer of fruit, then jam, then crunchy ingredients.
3. Repeat until you reach the top of the glass. Enjoy!