



Pam Morris, Director Presents  
**PARENTING CLASSES**  
 2019 - 2020



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**DATES**

- October 28, 2019**
- January 13, 2020**
- March 23, 2020**
- May 4, 2020**

**CLASS FORMAT**

- 6:30-6:40pm** - light refreshments
- 6:40-7:50** - topic and discussion guided by Dr. Cohen, focusing on the interest and needs of the participating parents
- 7:50-8:00** - evaluations

**COURSE DESCRIPTION**

**October 28, 2019 • SURVIVING PRESCHOOL PARENTING**  
 Parenting in an impossibly busy world: how to avoid exhaustion and self defeat.

**January 13, 2020 • MY BIGGEST PARENTING CHALLENGES**  
 There must be a better way!

**March 23, 2020 • THE ELECTRONIC WORLD**  
 The electronic world around us seems to be dictating and intruding into our lives.  
 Will it make a difference for our children?

**May 4, 2020 • PARENT CHOICE**  
 Surveys will be filled out by participants from the first three sessions.

**NOTE**

All sessions will be interactive discussions with the conversations being guided by Dr. Cohen, focusing on the interest and needs of the participating parents.

**CHILDCARE**

The 2019/2020 Parenting Class is included in your tuition at the Early Childhood Learning Center at the East Valley JCC. Childcare is available for \$15/child.

**RSVP**

**RSVPs are required for both the class and childcare**

10 days before the session date. RSVP to [pam@evjcc.org](mailto:pam@evjcc.org), the front desk or via Remind.  
 10/28 **RSVP BY 10/18** • 01/13 **RSVP BY 01/02** • 03/23 **RSVP BY 03/01** • 05/04 **RSVP BY 04/29**