



May 2019

Coffee, cake & conversation: 10-10:30 a.m.,

Presentations: 10:30-11:30 a.m.

Sessions held at the East Valley JCC, 908 N. Alma School Road, Chandler 85224

Suggested donation: \$4

Coordinator: Adrian Bendick, adrian@evjcc.org

May 7: The Healthy Brain

Speakers: Kathy Rood and Janet Arnold Rees

This session will teach simple and effective tools to help keep our minds sharp. Beverly Rubenstein, a participant in JFCS' Storytelling program, will also entertain us with one of her great stories.

Kathy Rood is a licensed counselor with JFCS, where she has worked for nearly 20 years. She manages social service programs for the Older Adult and Jewish Communities. Last year she created a Memory Café program for those with memory issues and with their care partners. Kathy also manages services for the Holocaust survivor community as well as for Jewish families in our community that struggle to meet their basic needs. Kathy is being honored this month by Jewish Free Loan for her dedication to helping Jewish families in crisis.

Janet Arnold Rees has been part of the Greater Phoenix Jewish community since 1957. She was the founder and director of the Arizona Jewish Theatre Company from 1989 to 2012. She has been working for JFCS for four years as the concierge to the senior Jewish community, connecting older adults to services and programs they need and want. In 2017, she developed the JFCS Creative Aging Program and is now the coordinator for the program, which offers participatory arts classes to those over 60.

May 14: Shock and Awe: Latin American Art Before Columbus Speaker: Patrick Ventura

Before the Spanish arrived in the Americas, Native Latin Americans were making art for 3,000 years, from 1,500 BCE to 1,500 CE. The art they left behind illustrates why the Spanish felt shock and awe when they encountered the surprisingly advanced cultures of the Aztecs, Mayans and Incas.

Patrick Ventura is a recently retired architect who has had a lifelong interest in art and architectural history. Volunteering as a docent for Phoenix Art Museum is a satisfying way for him to continue learning about art and passing something along to others.

May 21 | Noon: Season-ending luncheon Ocotillo Grille (formerly Bernards) Ocotillo Golf Club, 3751 S. Clubhouse Drive, Chandler 85248

Phone: 480-917-6660, ext. 1
Menu: places.singleplatform.com
Please RSVP by Monday, May 13.

You can sign up at any Terrific Tuesdays meetings or email Adrian@evjcc.org by Monday, May 13.

Thank you for another great year of Terrific Tuesdays! Stay tuned for some exciting news about the next season, which begins Aug. 6.