



Pam Morris, Director Presents

PARENTING CLASSES 2018-19

INSTRUCTOR



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DATES

September 13, 2018
October 22, 2018
December 13, 2018
January 28, 2019
March 7, 2019
April 8, 2019

CLASS FORMAT

6:30-6:45pm - light refreshments & socializing
6:45-7:30pm - presentation
7:30-7:50pm - questions/discussion
7:50-8:00pm - evaluations

COURSE DESCRIPTION

September 13, 2018

Characteristics of Successful Parenting

The session will discuss the emotional demands and joys of successful parenting and will look at individual differences among children and how to style parenting to address those unique qualities. Major principles of successful parenting will be reviewed.

October 22, 2018

Specific Behavioral Management Strategies and the Challenges of Shared Caretaking

The purpose of common behavioral strategies will be summarized as will the pros and cons of each approach. What is the impact of shared caretaking or parenting and how can problems be solved?

December 13, 2018

Family Communication

What approaches can foster honest, meaningful share of feeling and experiences within the family structure? What are the obstructions in terms of family habits and relationships that impede healthy communication? When positive interaction has deteriorated, are there ways to regain satisfying communication?

January 28, 2019

Preparation for Kindergarten/Value of Preschool

This session will focus on the academic, social, and emotional skills and abilities that predict a successful entrance and enjoyment of the kindergarten experiences as well as the role that preschool plays in promoting these skills.. Parents play an integral role in the evolving process.

March 7, 2019

Developmental Milestones: The challenges and rewards

The development of a young child proceeds most successfully when achievements are accomplished between several realms in a smooth even flow. What are the implications and the solutions when one realm lags behind?

April 8, 2019

Bring Your Questions

This session will address pre-submitted questions that have not been covered in previous sessions. Appropriate concerns are ones that have answers that can be generalized to all children and benefit the entire group.

Note

All sessions will be highly interactive rather than being a straight lecture format. This approach will allow us to learn from each other's experience. No comments or questions will be judged, because every thought that comes to a parent's mind is important, meaningful and fruit for an organized discussion. Come relaxed and open and you will leave informed and comfortable.

Childcare & RSVP

\$15/child per evening. **RSVPs are required for both the class and the child care** 10 days before the class date
9/13 **RSVP BY 9/4** • 10/22 **RSVP BY 10/12** • 12/13 **RSVP BY 12/3** • 1/28 **RSVP BY 1/18** • 3/7 **RSVP BY 2/27** • 4/8 **RSVP BY 3/28**